

## Food Intake Records

### Policy

Food intake records will be limited to the identification of residents eating poorly or atypically.

### Purpose

To identify residents at increased nutritional risk.

### Procedure

1. Resident's food intake will be monitored at each meal by staff. Residents with a poor appetite or atypical appetite will be identified on the food intake record.
2. The food intake record will be reviewed by the Dining Services Manager (DSM) or designee to identify residents with poor or abnormal intake in 2 of 6 consecutive meals. The DSM will interview resident for food preferences and update.
3. Poor intake for 4 of 6 consecutive meals will result in referral to the Registered Dietitian for evaluation and recommendations as needed.
4. The care plan will be updated as needed.